

IFS Training Scholarship Policy and Application Form

Internal Family Systems Institute, Inc. (IFS Institute) is committed to making IFS trainings accessible and affordable to all qualified people. To that end, IFS Institute has a long history of providing generous scholarships to IFS training participants in IFS Institute-organized Level 1, 2, and 3 training programs based on individual economic need. IFS Institute is also committed to expanding diversity and broadening inclusion within the IFS community and among participants in IFS trainings. IFS Institute offers this IFS Training Scholarship Policy as a holistic approach to expanding training affordability for those with economic challenges, and additional support for traditionally underrepresented populations, including people of color, people from faith-based communities, the LGBTQ community, as well as full-time graduate and undergraduate students. In addition, this policy provides support for individuals whose work is in service to marginalized communities, faith-based communities, international relief, and ecological and planetary health.

IFS training scholarships are available as listed below, and IFS Institute invites you to apply for scholarship support on the basis of financial need, student status, diversity and inclusion, or any combination of these categories:

Economic need scholarship: IFS Institute considers scholarship applications based on the economic need of an individual applicant. This process considers the applicant's personal financial profile.

Full-time student scholarship: IFS Institute may provide a tuition reduction for full-time graduate students and full-time undergraduate students.

Racial/LGBTQ scholarship: IFS Institute may provide a tuition reduction for people who are racially underrepresented or in the LGBTQ community.

World service scholarship: IFS Institute may provide a tuition reduction for people whose work serves minority and marginalized communities, poverty-stricken environments, faith-based communities, victim-support and advocacy, veterans, internationally marginalized communities, or environmental/global health services.

Applicants may receive up to a 60% tuition scholarship. While scholarships are available, IFS Institute will continue to use economic need as the primary criterion for awarding financial support. As such, we ask that those members of our community who have the financial means forego the above opportunities so that we can provide as much financial support as possible to those in the greatest need.

These scholarships are available for IFS training programs organized by Internal Family Systems Institute, Inc. that take place in North America. They are not available for other trainings, or for other IFS events, including workshops, the IFS annual conference, IFS online webinar events, or any other non-training events. These scholarships are not available for those enrolled in Internal Family Systems Institute, Inc.'s Organizational Training Programs.

SCHOLARSHIP APPLICATION for IFS INSTITUTE-ORGANIZED LEVEL 1, 2 & 3 TRAININGS

For questions about *need-based* scholarships: training@selfleadership.org, 708.383.2519

For questions about *all other* scholarships: Jon@selfleadership.org, 708.383.2659

TO APPLY FOR SCHOLARSHIPS

- **Please read all information in this packet.**
- **Submit a scholarship application in one of these ways:**
 - Email: training@selfleadership.org (use only this email address)
 - Fax: 708.383.2399
 - Postal mail: PO Box 3969, Oak Park IL 60303
- **Only submit a scholarship application if you have also submitted a training program application.** We will review your scholarship application if you are accepted into the training. If you are accepted to the training's waiting list, we will review your scholarship application if/when you get a space in the training itself.
- **Scholarship applications cannot be accepted after the following days** (see training program application for actual calendar dates):
 - After Payment Plan 1 begins for your **Level 1** training
 - After the tuition balance billing date for your **Level 2** or **Level 3** training
- **We encourage you to submit your scholarship application with your program application (it won't affect your eligibility for a training), or as soon thereafter as possible.** It can take several weeks to process a scholarship application.
- **We cannot accept photos of applications or supporting materials. Please submit as PDFs.**
- **Please submit only the pages you fill out.**

SCHOLARSHIP NOTIFICATION & BILLING

If you are accepted into a training and you submitted a scholarship application, we will email you when a decision has been made about your scholarship (this can take several weeks). At that time we will ask you to accept or decline the scholarship.

Your program deposit will be charged when you are accepted into a training. If you decide to decline your place in the training when we tell you about your scholarship, we will refund your deposit without penalty. If you withdraw from the training after that time, the deposit would be refundable according to the withdrawal/refund policy in effect for your training.

All scholarship awards are deducted from the tuition balance that remains after the program deposit is paid. If you are not accepted into the training, no deposit will be charged.

SECTION 1: CONTACT INFORMATION

- **All scholarship applicants must complete this section and Section 5 (signature page).**
- **All fields on this page are required.**
- **Please type or print clearly and darkly so we can read your information.**

Program City: _____ Program 3-digit Code #: _____

Program Begins: _____

Program Level (check one): Level 1 Level 2 Level 3

Your Name: _____ Age: _____

Street Address: _____ City: _____ State: _____

Daytime Phone: _____ Cell Phone: _____

Email: _____

SECTION 2: NEED-BASED SCHOLARSHIPS

- **Complete all fields** in this section and Section 5 (signature page) to apply for a need-based scholarship.
- **Even if individual earners in your household handle finances separately for any reason, we require your household's financial information.** Scholarship funds are limited, and by considering household resources, we can fairly allocate these funds and help as many people as possible participate in, and benefit from, IFS trainings.
- **Attach copies of US 1040 pages 1-2 (signature page and next page) – please do not send a tax preparer's summary. If your household's earners file separate tax returns, you'll need to attach a copy of each return. Returns should be for the most recent year. Please black out all social security numbers on all pages.**
- **Submit your application as a PDF – we cannot accept photos.**

Your Name: _____

Marital Status: Married/Domestic Partnered Separated Divorced Single Widowed

Number of Dependents: _____ Ages of Dependents: _____

Are these dependents listed on your income tax return? Yes No

Relationship of dependents to you: _____

Your Occupation: _____

Your Employer: _____

Additional Employer (if any): _____

Are you: Full-time: _____ Part-time: _____

Spouse/Partner Occupation: _____

Their Employer: _____

Their Additional Employer (if any): _____

Is your spouse/partner: Full-time: _____ Part-time: _____

Last Year's Household Annual Income (**gross income from US 1040**): \$ _____

This Year's Household Annual Income (**gross annual income**): \$ _____

If you don't know your household's exact gross annual income, please estimate it: \$ _____

Do you receive child support and/or alimony? Yes No

If yes, specify type and monthly amount(s) you receive: \$ _____

List all other financial resources (in-hand and expected) for the training, including but not limited to employer funds, other scholarships/grants, rental property/investment income, home equity loans, funds from friends/relatives, anything else. List type of funds/income and amounts.

Your Name: _____

Household Assets (include information for all members of your household):

Cash, stocks, bonds, mutual funds, CDs, money market, savings, checking accounts, etc. (total value today): \$ _____

Retirement accounts (total value today): \$ _____

Primary home value today: \$ _____

Secondary/Investment property value today: \$ _____

Other (please specify): \$ _____

\$ _____

\$ _____

Total Assets: \$ _____

Household debt:

Please list only the monthly payment amounts.

Mortgage or rent (**monthly** payment amount) \$ _____ (___ check here if you rent)

Home equity loan (**monthly** payment amount) \$ _____

Auto loan (**monthly** payment amount) \$ _____

Student loan (**monthly** payment amount) \$ _____

Other, unusual debt

Please list only the monthly payment amounts, and specify the type of debt, but don't include typical expenses, for example, utilities, food, clothes, entertainment, office expenses, insurance premiums, common medical expenses, vacation expenses, etc.

_____ \$ _____

_____ \$ _____

_____ \$ _____

Total Monthly Household & Other Debt Payments: \$ _____

Amount of aid requested: \$ _____ Minimum amount needed to participate in training: \$ _____

We understand that each person's financial circumstances are unique. If you would like to briefly tell us about other circumstances regarding your finances, please type or print that information clearly (black ink only) on a separate page.

SECTION 3: FULL-TIME STUDENT SCHOLARSHIP

- Complete all fields in this section and Section 5 (signature page) to apply for a full-time student scholarship.
- We understand that each person's circumstances are unique. If you would like to tell us more than what we've asked for below, type or print your information on a separate page so we have what we need to make an informed decision.
- We review each student scholarship application once per training.
- Attach a copy of the front and back of your current student ID to this application as a PDF (no photos).

Your Name _____ Are you a full-time student? _____
Your Educational Institution _____ Dates of Enrollment _____
Degree Sought _____
Institution's Address _____ City _____ State _____ Zip _____
Registrar's Name _____ Registrar's Email _____
Advisor's Name _____ Advisor's Email: _____

SECTION 4: DIVERSITY/INCLUSION SCHOLARSHIP

- Complete this section and Section 5 (signature page) to apply for a scholarship on the basis of diversity and inclusion.
- We understand that each person's circumstances are unique. If you would like to tell us more than what we've asked for below, type or print your information on a separate page so we have what we need to make an informed decision.
- We review each diversity/inclusion scholarship application once per training.

Your Name: _____

Please check any box that applies to you:

___ I identify as racially non-white. If you check this line, how do you racially identify? _____

___ I identify as part of the LGBTQ community.

___ My life's work is currently/primarily focused on:

___ Serving minority and marginalized

___ Prison/corrections communities

___ Communities/communities living in poverty

___ Veterans

___ Faith-based communities

___ Environmental/global health

___ Victim support and advocacy

___ Other

If you checked any of the above, please explain the nature of your work:

SECTION 5: SIGNATURE

- **All applicants must complete this section.**
- **Scholarship application forms must be signed in order to be processed.**
- **Submit your application and any supporting materials as a PDF – no photos, please.**

By signing here, I affirm that the information I have provided is accurate and complete.

Applicant's signature

Applicant's printed name

Date

Please keep a copy of this scholarship application for your records.

Thank you for your interest in IFS.