



Basic Couples Training Online 2021



Sessions 1 & 2 will be led by Nancy Wonder, PhD.

Location: online video call sessions via Zoom

Schedule: February 19-21, March 19-21,
May 21-23 & June 11-13, 2021
10:00 am - 6:00 pm daily

Two 15 min breaks and 1.5 hrs for lunch
Q&A call on April 14th, 6:00-7:00 pm

Please note: according to Eastern time zone

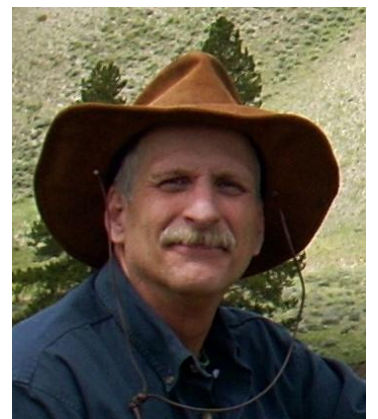
Total Cost: \$2600

Continuing education available: 72.00 contact hrs



Sessions 3 & 4 with Toni Herbine-Blank MS, RN

As a senior trainer for The Center for Self Leadership in the Internal Family Systems (IFS) model of psychotherapy, Toni Herbine-Blank MS RN CS-P has earned a reputation as an experienced, compassionate, and empowering group facilitator. She develops and presents trainings, workshops, and retreats, and has created an in-depth curriculum to train therapists in IFS couples therapy. Drawing on 22 years as a couples therapist and her 20-year marriage to best friend and partner, Jordan Blank, she brings humor, depth, and skill to all her workshops and training programs.



**Assistant trainer
John Palmer, LCSW**

Register online at www.toniherbineblank.com

**To confirm your spot,
fill out the online application and pay the
\$300.00 nonrefundable deposit.**

**For more information, special requests (per
ADA), or availability of scholarships contact
Kristi Good at intimacyinsideout@gmail.com
or Toni at toni@toniherbineblank.com**

Payment Schedule

**\$300 due upon registration
First half by August 16, 2020
Final half by Nov. 16, 2020**

Cancellation Policy

**All payments, including the
deposit, are strictly
nonrefundable once the due
dates above have passed.**

Intimacy from the Inside Out is a level two offering from The Center for Self Leadership

Course Prerequisite: This course is open to Internal Family Systems Level I graduates and offers 72.00 continuing education contact hours, delivered in four separate and distinct sessions of 18.00 hours.

Course Description: The basic couples course is an experiential model of couples therapy that draws primarily from the Internal Family Systems (IFS) model of psychotherapy, but includes aspects of psychodynamic therapy, systems thinking, neuroscience and mindfulness practices. This model was born out of a desire to carry the concepts of IFS into a relational setting and to use the intimate relationship itself as a vehicle for growth and healing of the individual, as well as the couple. This 72-hour clinical training helps therapists enhance their knowledge and skills, facilitating relational work with couples and with individuals. Learn to work successfully with common difficulties in couples therapy. In this training, IFS therapists become skilled at working with the extreme impulses of protective parts, facilitating interpersonal and intrapsychic work, and assisting couples to communicate well and deepen heartfelt connection.

Instructional Methodology: Lecture, demonstration, audio/visual, experiential practice of techniques, large and small group discussion.

Staff bios

Nancy Wonder, Ph.D. is a licensed psychologist in Tallahassee, Florida, and maintains a private practice where she specializes in working with adults and couples, including those healing from sexual trauma. She earned her Ph.D. degree in counseling psychology from Florida State University and is a certified IFS therapist.

John Palmer, LCSW has over 25 years of experience working with couples, families, and individuals. Certified in the Internal Family Systems model of therapy, he began his career with Intimacy from the Inside Out in 2012. He has parts that are passionate about helping clinicians deepen their skills in IFS and IFIO. He maintains a private practice in Austin, Texas, where he offers couple and individual therapy, and serves as a teacher and consultant to other clinicians. When not pursuing his career, you will find him hiking with his wife of 26 years somewhere in the mountains and the great outdoors.

Important information about Continuing Education (CE) Credit

This program is co-sponsored by Toni Herbine-Blank, MS, RN, CS-P, and *The Institute for Continuing Education*. Continuing education credit is offered for the professional disciplines listed below. The program offers a total of 72.00 contact hours. CE credit is awarded separately for each of the two scheduled sessions of the course. Full attendance is required at the session(s) attended. Partial session credit is not offered. The CE processing fee is \$60.00 per person. Application forms and other CE materials will be sent electronically at the start of the training. CE verification is mailed to participants following completion of each session. If you have questions regarding the program, continuing education, learning objectives for each session, detailed agenda for each session, or program faculty, please contact *The Institute for Continuing Education* at: instconted@aol.com.

Psychology: The Institute for Continuing Education is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

Counseling/MFT: For counselors seeking CE credit, The Institute for Continuing Education will make a co-sponsorship application to NBCC for this program. **New York:** The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. Provider MHC-0016.

Social Work: This program has been approved for 36.00 social work continuing education hours for re-licensure, in accordance with 258 CMR NASW-MA Chapter CE Approving Program. Authorization No: D-81350-1/D-81350-2. **New York:** The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers, Provider SW-0025. **New Jersey:** CE credit is not offered for social workers licensed by the New Jersey State Board of Social Work Examiners.

Marriage-Family Therapy: The Institute for Continuing Education, Provider 56590, is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs. The Institute for Continuing Education maintains responsibility for this program and its content. This Course meets the qualifications for 36.00 hours of continuing education credit, per session, for LMFTs, LCSWs, LPCCs, as required by the California Board of Behavioral Sciences. **New York:** The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Marriage-Family Therapy as an approved provider of continuing education for licensed Marriage-Family Therapists, Provider MH-0012.

NOTE: To receive continuing education credit, applicants must complete all CE materials, sign in/out at designated locations, and submit an evaluation form for the sessions attended.

NOTE: It is the responsibility of the attendee to determine if CE credit offered by The Institute of Continuing Education meets the regulations of their state licensing/certification board.