
COVID-19

**** Before applying to this training, please review the “Health and Safety Protocols for On-Site Sessions” page of this brochure for details about IFS Institute’s COVID-19 policies. Thank you!**

IFS and Training Information

This brochure contains essential details about this training, including COVID-19 policies, session and daily schedules, finances, Certificate of Completion attendance requirements, Continuing Education credit, required readings, site and travel information, trainer biographies, and more. **For more about IFS, please visit our website.**

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The Internal Family Systems Model

Internal Family SystemsSM is at the forefront of a movement toward a more collaborative therapeutic approach that relies on clients' intuitive wisdom. IFSSM offers a clear, non-pathologizing, and empowering view of human cognitive and emotional life and provides a dynamic therapeutic approach that allows both therapist and client to enter into a transformational relationship in which healing can occur.

Richard C. Schwartz, PhD, has been developing the IFS model for more than 30 years, with IFS now practiced by thousands of licensed therapists and other professionals throughout the United States and internationally. Mental health care professionals and others trained in the IFS model can easily integrate it into a wide variety of practices using the unique methods IFS offers to create safe environments for clients to become Self-transforming. Internal Family Systems therapy is a simple yet sophisticated integration of psychology, spirituality, and intra-psychic and family systems theory that:



Richard C. Schwartz

- Works well with couples, families, groups, and children;
- Can effectively treat trauma;
- Is a client-led approach that respects each client's pace and goals;
- Establishes a productive, trusting, and collaborative partnership between therapist and client;
- Helps therapists remain centered and open-hearted.

Internal Family Systems: An Evidence-Based Practice

Internal Family Systems (IFS) is posted on NREPP as an evidence-based practice. NREPP is the National Registry for Evidence-Based Programs and Practices, a national repository that is maintained by the U.S. government's Substance Abuse and Mental Health Services Administration (SAMHSA). Interventions listed in NREPP have been subject to independent, rigorous scrutiny, and are deemed to show significant impact on individual outcomes relating to mental health.

As a clinical treatment, IFS has been rated effective for improving general functioning and well-being. In addition, it has been rated promising for improving phobia, panic, and generalized anxiety disorders and symptoms; physical health conditions and symptoms; personal resilience/self-concept; and depression and depressive symptoms.

These scientific findings and the listing of IFS on NREPP affirm the vast potential of IFS therapy for advancing emotional healing and mental well-being. In particular, they indicate promising effects on mind (depression, anxiety), body (physical health conditions), and spirit (personal resilience and self-concept).

Curriculum

Overview: In addition to thoroughly learning IFS theory and technique, the IFS Level 1 training program invites participants to explore their own inner worlds in a safe, nurturing context. The training will help participants:

- Understand the conceptual basis of the IFS model;
- Apply basic IFS techniques to various clinical populations; and
- Take advantage of the opportunities IFS offers for personal development.

Learning Objectives: Please visit www.IFS-Institute.com, FAQ page.

Format and Program Hours: The training includes lecture, discussion, demonstration, video review, experiential exercise, and small group practice. This training comprises two, 6-day sessions totaling 80 program hours (40 hours per session), plus two separate Bridge Days totaling 9.5 program hours (4.75 program hours per day).

Session and daily schedules are listed later in this brochure.

Trainers

Lead Trainer: Jory Agate, LMHC, MDiv., MA, IFS Certified, comes to the field of psychotherapy after a 20-year career in Unitarian Universalist ministry that focused on youth, families, sexuality, leadership development, and diversity, equity and inclusion trainings. Her current practice of psychotherapy and spiritual counseling specializes in individuals, families, clergy, couples, and staff teams. Fluent in American Sign Language, Jory provides therapy for those who communicate in ASL. She maintains a private practice in Cambridge, MA.

Frances D. Booth, LICSW, IFS Certified, is a long-time IFS therapist who seeks to cultivate Presence in work and in life. She graduated from Cornell University and Simmons School for Social Work, and has held adjunct faculty positions at Smith College School for Social Work, Tufts Medical School, and The William James College. Her online therapy and consultation practice has a focus on trauma, medical dis-ease, and eating concerns; she integrates Relational IFS and Somatic IFS. She loves to sing, dance, laugh, dine, read, enjoy the arts, and play with grandchildren.

Assistant Trainer: Carmen Jimenez-Pride, LCSW, LISW-CP, ERYT, RCYT, RPTS, IFS Certified, is a trauma therapist experienced in the clinical treatment of children, adolescents, and adults with culturally diverse backgrounds addressing a wide range of concerns, and has a mental health career spanning more than 15 years. Carmen is the creative mind behind Focus on Feelings®, an emotional literacy curriculum, and is a Registered Play Therapist Supervisor, Certified AutPlay® Therapy Provider, Certified EMDR Therapist, Registered Children’s Yoga Teacher, and Certified LEGO® SERIOUS PLAY® Facilitator. She is also the developer of Diversity in Play Therapy Inc. and the Diversity in Play Therapy Summit. Carmen is an international speaker, award-winning author, business consultant, and a visionary in the therapeutic community, working to create and develop a wide range of educational tools to assist both clinician and client to reach optimum goals. With a focus on cultural humility and cultural diversity, Carmen educates clinical professionals to address racial and cultural trauma within their clinical practices. She currently serves as the South Carolina Association for Play Therapy President and is the recipient of the 2021 Association for Play Therapy Emerging Leader Award. She also serves as the Diversity and Inclusion Director of the Internal Sandtray Therapy Association.

Training Dates & Schedule

Training Dates

Multi-day Session 1: March 13, 2023 – **online only**, U.S. Eastern Time Zone
March 14-19, 2023 – **on-site only**, in Beverly, MA

Multi-day Session 2: May 1, 2023 – **online only**, U.S. Eastern Time Zone
May 2-7, 2023 – **on-site only**, in Beverly, MA

Bridge Day 1: March 23, 2023, 12pm-5:30pm, **online only**, U.S. Eastern Time Zone (including
three 15-minute breaks)

Bridge Day 2: April 24, 2023, 12pm-5:30pm, **online only**, U.S. Eastern Time Zone (including
three 15-minute breaks)

Zoom and Other Details for Online Dates

- **Online portions of the training are only available online, and they use the U.S. Eastern Time Zone** in effect during each online portion of the training.
 - Please visit www.24timezones.com, www.timeanddate.com, or a similar resource to determine how this relates to your own time zone.
 - **You can use New York, NY, in the U.S. Eastern time zone as a reference location to determine how the Eastern time zone relates to your own time zone for each online training session.**
 - Please be sure to account for Standard vs. Daylight Savings time!
- **Online sessions meet on Zoom**
 - Please download and take some time to understand Zoom software well before the training begins. To do this, go to [Zoom.us](https://zoom.us), sign in (or “sign up”), and create your account.
 - If you have questions about downloading or using Zoom, please contact Zoom: 888.799.9666, or click “support” at the bottom of the [Zoom.us](https://zoom.us) home page. IFS Institute cannot provide this type of technical support.
 - Please ensure that your computer, any related equipment, and your internet connection are sufficient to attend a live Zoom event. IFS Institute cannot provide technical support related to your system.
 - Training members will receive Zoom links close to the start of the training, and these links are how you can access this online training.
 - Please note that the training is only for training members, so please take care to be in a private space when attending the training.
- **On-site portions of the training are only available on-site, and meet in Beverly, MA.** Site information is listed later in this brochure. On-site portions of this training are not available online.

Daily Schedule

Multi-Day Session 1

	Morning Session	Morning Break	Lunch	Afternoon/ Evening Session	Afternoon Break	Training/ CE Hours
March 13, 2023 THIS DAY MEETS ONLINE	X	X	X	7 - 9	X	2
March 14, 2023	9-12:15	15 min	12:15	1:45 – 5:30	15 min	6.5
March 15, 2023	9-12:15	15 min	12:15	1:45 – 5:30	15 min	6.5
March 16, 2023	9-12:15	15 min	12:15	1:15-4:30	15 min	6

March 17, 2023	9-12:15	15 min	12:15	1:45 – 6	15 min	7
March 18, 2023	9-12:15	15 min	12:15	1:45 – 6	15 min	7
March 19, 2023	9-12:15	15 min	12:15	1 – 3	X	5
						Total: 40

Session 2

	Morning Session	Morning Break	Lunch	Afternoon/ Evening Session	Afternoon Break	Training/ CE Hours
May 1, 2023 THIS DAY MEETS ONLINE	X	X	X	7 - 9	X	2
May 2, 2023	9-12:15	15 min	12:15	1:45 – 5:30	15 min	6.5
May 3, 2023	9-12:15	15 min	12:15	1:45 – 5:30	15 min	6.5
May 4, 2023	9-12:15	15 min	12:15	1:15-4:30	15 min	6
May 5, 2023	9-12:15	15 min	12:15	1:45 – 6	15 min	7
May 6, 2023	9-12:15	15 min	12:15	1:45 – 6	15 min	7
May 7, 2023	9-12:15	15 min	12:15	1 – 3	X	5
						Total: 40

Certificate of Completion

A Certificate of Completion (non-CE) is awarded by IFS Institute and each participant must complete 75 of the 89.5 program hours offered in order to be eligible to earn this certificate. This means each participant may miss a maximum of 14.5 training hours over the course of the entire training program, if necessary. Participants are responsible for ensuring that they attend enough training hours to earn the Certificate of Completion.

IFS Certification

Participants are not IFS Certified until they successfully complete the IFS Certification process. Information about the criteria and procedures for becoming IFS Certified is available on the IFS Institute website certification page, or by contacting Certification@IFS-Institute.com.

Eligibility for Future Trainings

By earning IFS Institute’s Level 1 certificate of completion, a participant is eligible to apply for a Level 2 IFS training. Participants are not required to be IFS Certified to enroll in IFS trainings.

To Apply

We accept applications from:

- Mental and medical health care practitioners
- Pastoral counselors
- Masters or doctoral students
- Dance, art, and music therapists
- Health care professionals in allied fields

Application Form: The application form for this training is on our website.

Continuing Education Contact Hours

- This training program is co-sponsored by IFS Institute and The Institute for Continuing Education (ICE).
- Continuing education contact hours are offered for the professional disciplines as listed.
- The course offers 40 contact hours per session (total of 80 contact hours per course). Continuing education credit is offered only for the extended sessions of this course. Continuing education credit is not offered for the two separate Bridge Days.
- CE hours are awarded on a session-by-session basis, with full attendance required at sessions attended. Partial session CE credit is not offered.
- Attendees must complete all CE materials, comply with attendance monitoring requirements, and complete a session evaluation.
- Applications for continuing education contact hours will be provided by IFS Institute at the initial course session, along with other pertinent continuing education information.
- **If you would like CE credit for this training, you must sign up for it at the first session. You will need your license information (as applicable) to complete the CE forms. No late CE applications can be accepted.**
- CE verification is mailed to participants by ICE (the CE sponsor) following each session that is eligible for CE (within 30 days of receipt of completed CE materials).
- There is no additional fee to make application for CE credit.
- It is the responsibility of attendees to contact their state licensing/certification board to determine if CE credit offered by The Institute for Continuing Education meets the regulations of their state licensing/certification board.
- Non-U.S. Professionals: The Institute for Continuing Education holds no CE provider status with any Canadian or other non-U.S. licensing/certification boards. It is your responsibility to check the regulations of your licensing/certification board to determine CE requirements for training activities.
- Learning objectives are on the FAQ page at www.IFS-Institute.com.
- If you have questions regarding continuing education credit, please contact The Institute for Continuing Education (ICE): [800-557-1950](tel:800-557-1950). Email: instconted@aol.com.

- **Instruction Methodology:** May include didactic, lecture, audio-visuals, demonstrations, experiential exercises, case examples, small and large group discussions.

Psychology: The Institute for Continuing Education is approved by the American Psychological Association to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content. **New York:** The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0043.

Counseling: For counselors seeking CE credit, The Institute for Continuing Education will submit a co-sponsorship application to NBCC for this program. This website will be updated regarding accreditation. **New York:** The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. Provider MHC-0016.

Social Work: This program has been approved for 40.00 hrs. for first session (March 13-19, 2023; and 40.00 hrs. for second session (May 1-7, 2023), for social work continuing education re-licensure, in accordance with 258 NASW-MA Chapter CE Approving Program. Authorizations: D-91362 / D-91263. **New York:** The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers, Provider SW-0025. **New Jersey:** This program has not been submitted for pre-approval to the New Jersey Board Social Work Board. **Ohio Board Counseling/ Social Work:** Ohio Board of Counseling and Social Work Board, Provider RCS 030001.

Marriage/Family Therapy: The Institute for Continuing Education is recognized as a provider of continuing education in marriage-family therapy by New York State Education Department's State Board for MFT, Provider MFT-0012. **California:** The Institute for Continuing Education, Provider 56590, is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs. The Institute for Continuing Education maintains responsibility for this program and its content. This Course meets the qualifications for continuing education credit for LMFTs, LCSWs, LPCC, as required by the California Board of Behavioral Sciences. **Ohio Board MFT:** Provider RTX 100501.

Required Pre-Training Reading and Other Materials

1. **Reading Materials:** All books listed below are available at IFS Institute's website store (www.IFS-Institute.com). Bundle pricing may be available. If you need assistance with the Store, please call 708.383.2659 or email Sandy@IFS-Institute.com.

Required reading before the training begins:

Schwartz, RC and Martha Sweezy (2019). Internal Family Systems Therapy (2nd edition).

Goulding, RA, and Schwartz, RC (2002). The Mosaic Mind: Empowering the Tormented Selves of Child Abuse Survivors, Oak Park IL: Trailheads Publications, The Center for Self Leadership, ISBN 0-9721480-1-9.

Suggested reading before the training begins:

Schwartz, RC (2001), Introduction to the Internal Family Systems Model, Oak Park IL: Trailheads Publications, The Center for Self Leadership, ISBN 0-97211480-0-0. **This book is required reading for those with no prior experience with the IFS model.** Class content is designed on the assumption that the reading is completed.

Other suggested reading:

Anderson, Frank G., Sweezy, Martha, and Schwartz, Richard C. (2017). Internal Family Systems Skills Training Manual: Trauma-Informed Treatment for Anxiety, Depression, PTSD and Substance Abuse, Eau Claire, WI: PESI Publishing & Media, ISBN-10: 1683730879, ISBN-13: 978-1683730873.

- 2. Required Training Materials:** Everyone involved with the training should bring the following supplies to the training:
 - a. Small box of crayons or sharpened colored pencils
 - b. Several sheets of unlined paper
 - c. Notebook (for things like journaling and taking notes)

- 3. Additional Training Materials:** Each program's trainers may ask participants to purchase up to \$20 in additional training materials. If additional training materials are required, participants will be notified by the trainers as the starting date of the training approaches.

Financial Assistance and Scholarships

Payment plans (for tuition) are listed below. If you have questions about the plans, billing, receipts, or credit card matters, please contact IFS Institute Controller, Mary Mitrovich, at Mary@IFS-Institute.com.

Costs for the training may be tax-deductible: Please consult with your tax advisor.

Employers can be a good source of funding for continuing education. Please check with your supervisor and/or human resources department.

IFS Institute tuition scholarships: IFS Institute is pleased to provide partial tuition scholarships to help defray tuition expenses for those who qualify (scholarships are not available for travel-related expenses). Scholarship information, the application deadline, and the application form are available at www.ifs-institute.com (Training tab).

Repeater tuition: Information regarding tuition if you are repeating a training is available at www.ifs-institute.com - FAQs.

Tuition and Fees

All amounts are in U.S. Dollars (USD).

Application Fee: The \$15 non-refundable, non-transferrable application fee is charged when you apply for the training.

Program Deposit: The non-refundable, non-transferrable \$500 deposit is charged when you are accepted into the training. This is required to secure your place in the training. (Scholarship recipients will be given a chance to decline their scholarship and withdraw from the training when the scholarship is offered by IFS Institute, at which time the \$500 deposit will be refunded; any withdrawals after that time are subject to the remaining terms of the withdrawal/refund policy.)

Program Tuition: \$5,150 (\$500 of which is the deposit)

IFS Institute understands that participating in an IFS training involves a considerable financial commitment for tuition and, sometimes, travel costs. Tuition for on-site trainings reflects additional costs associated with offering

these trainings. We are pleased to be able to offer many fully online trainings, and encourage you to consider this option if it would better suit your financial circumstances.

Lodging, travel, other expenses: These are not included in tuition, and are not offered through IFS Institute.

Meals: Lunch will be available for participants at no additional cost on all on-site training days. No other meals are offered through IFS Institute.

Payment Plans: Tuition payment plans for this training are listed below, and you can select your plan when you apply for the training. If you have questions about the plans, billing, or credit card matters, please contact IFS Institute Controller, Mary Mitrovich, Mary@IFS-Institute.com.

Payment Plan 1: \$4,650 (\$5150 Tuition - \$500 Deposit) due and charged on February 1, 2023.

Payment Plan 2: Two (2) payments of \$2,335 each, due and charged on January 1, 2023 & February 1, 2023 (\$5,150 Tuition – \$500 Deposit + \$20 Carrying Fee).

There is a \$20 fee for each late payment, and if an amount due isn't paid in full within 7 days of the due date, IFS Institute reserves the right to withdraw a participant from the program.

Participants who wish to withdraw from the training program must do so in writing (please email Training@IFS-Institute.com).

- **Deposit:** The \$500 deposit is non-refundable and non-transferrable. (Scholarship recipients will be given a chance to decline their scholarship and withdraw from the training when the scholarship is offered by IFS Institute, at which time the \$500 deposit will be refunded; any withdrawals after that time are subject to the remaining terms of the withdrawal/refund policy.)
- **Tuition Balance:** The tuition balance (total tuition minus the deposit) is refundable if written notice of withdrawal is received by the IFS Institute office 21 or more calendar days before the 1st day of the program.
- There is a \$50 **processing fee** for all refunds.
- The tuition balance is forfeited if written notice of withdrawal is received by the IFS Institute office 20 or fewer calendar days before the 1st day of the program.
- The **application fee** and **payment plan carrying fee** are non-refundable and non-transferrable.
- At no time is IFS Institute responsible for training participants' **travel, lodging, or incidental expenses**.
- IFS Institute reserves the right to postpone, cancel or otherwise change any training program schedule prior to its beginning.

Admission/withdrawal: Internal Family Systems Institute, Inc. reserves the right to deny acceptance to any training program applicant and to withdraw a training participant from all or part of a training program at any time if IFS Institute determines a participant's behavior could damage the quality of a training program. IFS Institute, in its sole discretion, may terminate a participant's participation at any time and, in such event, will refund tuition paid to IFS Institute for portions of the training the participant will not attend as a result of their termination. If IFS Institute terminates a participant's participation, the participant is not eligible for a Certificate of Completion from IFS Institute.

Health and Safety Protocols for On-Site Sessions

During on-site training sessions:

- IFS Institute follows the guidance of training venues and/or relevant government agencies regarding health and safety protocols for on-site sessions of this training.

- If required by the training venue and/or relevant government agencies, all training participants and staff must observe health and safety protocols in effect at the training site (for example, wearing a mask, being vaccinated, practicing social distancing, getting tested, etc.).
- As has occurred previously, required protocols can change; they can be lifted or imposed at any time before a training starts, before individual sessions start, and while a training is actively in session.

Applying for this training:

Please consider the following as you decide about applying for the training:

- On-site sessions are only available on-site, in the designated meeting rooms.
- Each training typically includes about 50 people, meeting in both large and small groups.
- Training members may be traveling from places near and far, sometimes internationally.
- We understand that an individual's comfort level regarding on-site, indoor meetings can change as COVID levels, COVID protocols, or personal circumstances change, sometimes unexpectedly.

Given your own situation, if you are uncomfortable with the possibility of COVID protocols being imposed or lifted at any time, or if you cannot or do not want to attend an on-site session where there are no protocols required, or if you cannot or do not wish to abide by protocols that may be required (or may need something other than these protocols), please do not apply to this training. Instead, we suggest that you consider a fully online training.

- For details about IFS Institute withdrawal/refund policies, please see the information found earlier in this brochure.

While traveling:

- Training members are responsible for determining and following any protocols that might be in effect during their travels.

Current COVID information:

As of this writing (October 2022):

- There are no required COVID protocols at this time.
- Training members are welcome to wear masks if they wish, but are not required to do so. If you would like to wear a mask, please bring your own supply.

If Running On-Site Sessions Online Is Required

IFS Institute is eager and fully intends to run on-site sessions of this training at the site listed. However, if circumstances change and COVID-19 health and safety restrictions are imposed by government or other entities with authority, it may be necessary to move on-site sessions to an online platform. IFS Institute will then run the affected sessions online on the dates scheduled, and a \$250 tuition refund will be given to each

participant for each on-site session moved online.

As has happened in the past, protocols can be imposed or lifted at any time. If any on-site sessions must be moved online, IFS Institute will act as quickly as possible and keep training members informed.

Diversity, Equity, and Inclusion

Our goal at IFS Institute is to create learning environments and a community that teach and support the internal welcoming of parts that have been exiled, shamed, or marginalized within our systems so that they may be seen, heard, valued, and ultimately healed. Our hope is that this work will lead to greater Self leadership where all of us are more connected, curious, and compassionate with ourselves and with each other.

We recognize that IFS was developed and is still primarily taught and managed through a white lens. This has made it difficult to create an inviting space for everyone to feel safe and welcome and to contribute fully to the evolution and growth of the community. As a result, we have not been as effective as we could be in the ongoing fight for freedom and healing for all peoples.

To focus our efforts and hold ourselves accountable, we have developed specific commitments to reflect our desire for all peoples to find solace and healing from IFS, while we hold space for individuals to contribute their unique gifts, voices, and perspectives to the IFS movement.

Please review IFS Institute's commitments regarding diversity, equity, and inclusion [here](#).

Substance Use at Trainings

IFS Institute understands that many people have had positive therapeutic experiences with psychedelics, however, due to health and safety concerns for all of our participants, please refrain from taking psychedelics or other consciousness-altering substances during IFS Institute's trainings.

ADA

For all ADA accommodation requests, please be sure to email Training@IFS-Institute.com as soon as you are accepted into this training.

Code of Conduct

Please review IFS Institute's Code of Conduct at www.IFS-Institute.com – FAQ page, or on your copy of your program application.

Site and Travel Information

Training Site: Wylie Conference Center
295 Hale Street
Beverly, MA 01915
978.867.1800
www.wyliecenter.com

COVID-19 health and safety protocols: Please see earlier parts of this brochure, and note that there may be no protocols in effect.

Questions about the site:

- Please review all relevant sections of this brochure.
- Wylie’s website may have information about site amenities, parking, etc.

Pets are not permitted, even if the site allows them. This is for the benefit of everyone involved with the training and to ensure that no issues arise due to the presence of pets.

Lodging and meals: We realize that this training may include participants who live locally and others who may come from a distance. We also know that participants have different budgets, needs, and preferences for lodging and meals. For these reasons, IFS Institute is not providing lodging or meals, and participants are responsible for their own lodging and meal arrangements and expenses, **except lunch will be available for participants during each on-site training day at no extra charge.**

Additional lodging information: If you would like to stay overnight at the site and you have received an acceptance email from IFS Institute for this particular training program, please call the site at 978.867.1800 and identify yourself as a member of this IFS Institute Training Program. If the site has rooms available, you can then make your reservations and pay the site directly. For information about other hotels and lodging options in the area, please visit your favorite travel websites or travel agent.

Travel information: Please visit your favorite travel websites or contact a travel agent for information about airlines, rental cars, restaurants, alternative hotels, and other travel needs.

Site affiliations: IFS Institute training programs occasionally meet at sites that have religious affiliations, though IFS Institute is not, itself, religiously affiliated and does not, as an organization, espouse any religious point of view. This brochure contains the website address for the site at which this training program will meet if you need more information about the site before choosing to apply.

Individual requests: IFS Institute offers professional training programs, and while we will make reasonable efforts to enhance your experience at the training site, it may not be possible to address each person’s unique or individual needs or requests as may be possible when on a vacation, visiting a spa, or going on a personal retreat experience.

IFS Institute Contact Information

Please also visit the [Contact Page](#) of the IFS Institute website.

Billing, receipts, payment plans, credit card matters: Mary@IFS-Institute.com

Site-related questions (please see this brochure and the site’s website, too): Alexandra@IFS-Institute.com

North American Trainings: Maryanne@IFS-Institute.com

International Trainings (outside of North America): Luis.Vega@IFS-Institute.com

Webinars – IFS Circle/Continuity: Help@IFS-Institutue.com

IFS Certification: Certification@IFS-Institute.com

IFS Store, Find a Professional Directory: Sandy@IFS-Institute.com