



2022 IFIO Basic Training | IFS Level 2 #807



Lead Trainers March + April: [Ann Drouilhet](#) + [Kate Lingren](#)
Lead Trainer June + July : [Toni Herbine-Blank](#)

Location

online via Zoom

Dates

Sun, Mar 13 - Tue, Mar 15
Sun, April 10 - Tue, April 12
Fri, June 3 - Sun, June 5
Fri, July 29 - Sun, July 31

Schedule

10:00am - 6:00pm EST
(2 - 15 min breaks +
1.5 hour lunch)

Continuing Education

72.00 Contact Hours | IFS
Level 2

Total Cost

\$2,850

Payment Schedule

\$300 non-refundable deposit
upon acceptance
\$1,275: 1st Payment - 10/8/21
\$1,275: 2nd Payment - 1/8/22

Cancellation Policy

All payments, including the deposit,
are strictly non-refundable once the due
dates above have passed.

Scholarships

Centered on BIPOC therapists, folks in
marginalized communities, or those who
work for marginalized clients

Application Process

Application located under the 807 Basic Training on the website www.toniherbineblank.com

Confirmation of application + status of acceptance will be sent out within seven (7) days of receipt of application. If accepted, you are required to pay a \$300 non-refundable deposit. If not accepted, your name will be put on a waiting list.

For more information, special requests (per ADA) or scholarship availability, contact Keri Kelly at intimacyinsideout@gmail.com or Toni at toni@toniherbineblank.com

Intimacy from the Inside Out is a Level 2 offering from The IFS Institute

Course Prerequisite

This course is open to Internal Family Systems Level I graduates and offers 72.00 continuing education contact hours - delivered in four (4) separate and distinct sessions of 18.00 hours.

Course Description

The basic couples course is an experiential model of couples therapy that draws primarily from the Internal Family Systems (IFS) model of psychotherapy, but includes aspects of psychodynamic therapy, systems thinking, neuroscience and mindfulness practices. This model was born out of a desire to carry the concepts of IFS into a relational setting and to use the intimate relationship itself as a vehicle for growth and healing of the individual, as well as the couple. This 72-hour clinical training helps therapists enhance their knowledge and skills, facilitating relational work with couples and with individuals. Learn to work successfully with common difficulties in couples therapy. In this training, IFS therapists become skilled at working with the extreme impulses of protective parts, facilitating interpersonal and intrapsychic work, and assisting couples to communicate well and deepen heartfelt connection.

Instructional Methodology

Lecture, demonstration, audio/visual, experiential practice of techniques, large and small group discussion.

IFIO Staff Bios



Toni Herbine-Blank MS, RN, C-SP has been in private practice since 1996 specializing in the treatment of couples and individuals. In 2009, after designing a training for IFS therapists to apply the model to couples therapy, Toni offered the first Intimacy from the Inside Out© Training Program in Boston, Massachusetts. Since then the program has been received with great enthusiasm across the United States.



Ann Drouilhet MSW has a private practice in Framingham, MA where she works with couples, families and individuals. She has been practicing, supervising and teaching IFIO since 2010. She specializes in treating couples struggling with betrayal, addiction and ADHD.



Kate Lingren, LCSW has been in private practice with over 30 years of experience. She is a Certified IFS (Internal Family Systems) therapist and on the faculty of Intimacy From the Inside Out (using IFS in couples work) as a Lead Trainer. She is also on the faculty of Boston College School of Social Work, where she teaches a class on IFS.

Important Information regarding Continuing Education (CE) Credit

This program is co-sponsored by Toni Herbine-Blank, MS, RN, CS-P, and The Institute for Continuing Education. Continuing education credit is offered for the professional disciplines listed below. The training offers a total of 72.00 contact hours, with full attendance required. Partial credit is not offered. The CE processing fee is \$60.00 per person. Application forms and other CE materials will be made available to participants. CE verification is mailed to participants following completion of the training. If you have questions regarding the training, continuing education, learning objectives, detailed agenda for each day, or program faculty, please contact The Institute for Continuing Education at: instconted@aol.com.

Psychology: The Institute for Continuing Education is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The Institute for Continuing Education maintains responsibility for this program and its content.

New York: The Institute for Continuing education is recognized by the New York State Education Department's State Board of Psychology as an approved provider of continuing education for licensed psychologists #PSY-0043.

Counseling/MFT: For counselors seeking CE credit, The Institute for Continuing Education will make a co-sponsorship application to NBCC for this program. The website will be updated regarding accreditation. New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. Provider MHC-0016.

Social Work: Application for social work continuing education credits has been submitted. This website will be updated regarding approval.

Marriage-Family Therapy: The Institute for Continuing Education, Provider 56590, is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs. The Institute for Continuing Education maintains responsibility for this program and its content. This Course meets the qualifications for 72.00 hours of continuing education credit for LMFTs, LCSWs, LPCCs, as required by the California Board of Behavioral Sciences.

New York: The Institute for Continuing Education is recognized by the New York State Education Department's State Board for Marriage-Family Therapy as an approved provider of continuing education for licensed Marriage-Family Therapists, Provider MH-0012.

Canadian Professionals: The Institute for Continuing Education holds no provider status with any certification boards. It is your responsibility to check the regulations of your licensing board to determine CE requirements for training activities

NOTE: To receive continuing education credit, applicants must complete all CE materials within 30 days of concluding the workshop.

NOTE: It is the responsibility of the attendee to determine if CE credit offered by The Institute of Continuing Education meets the regulations of their state licensing/certification board.